



## Agreement for the Use of HCG for Weight Loss

Patient Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_

Use of HCG for weight loss has been documented for nearly half a century; however, this won't work for you unless you understand and agree to adhere to some very strict provisions. While this diet works, it is challenging and requires your full commitment.

**Please initial each condition, signifying you have read and understand your obligation.**

**Conditions:**

1.  HCG is a hormone that is intended to prevent you from being "hungry" while on a very low calorie diet.
2.  HCG has not been studied in large double-blind studies as is required for most drugs, and therefore FDA has not approved HCG for use in weight loss.
3.  HCG for weight loss is not allowed in some people, including:
  - Persons with cancer
  - Persons with an active skin infection at injection sites
  - Women who are pregnant or breast feeding
4.  I certify that I am not pregnant, and I will use appropriate measures to prevent pregnancy during the course of my treatment with HCG; HCG is sometimes used as a fertility drug.
5.  HCG is best used by injecting a very small dose in the fat under the skin (called the SubQ).
  - Injections are to be given one time per week at alternating injection sites
  - There is always a risk of infection, pain, redness or swelling at an injection site.
6.  If using drops of HCG instead of injections, you must not eat or drink anything
7.  I will not give any of my prescription HCG to other people.
8.  I will not consume alcoholic drinks or medications that contain alcohol while using HCG. Alcohol is the preferred source of energy in the body and completely negates the use of HCG.
9.

**I have read this agreement, understand it, and have had my questions answered to my satisfaction. I consent to the use of HCG under the terms of this agreement.**

\_\_\_\_\_  
Patient signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Don Selvey, NMD, MS, PLLC

\_\_\_\_\_  
Date